

Walking into Spring @ The McCoy House

“We are all just
walking each other home.”

-Ram Dass

The McCoy House is not just a residence; it's a sanctuary of healing. As we embrace the beauty of spring, we are excited to share several updates and happenings within our healing community. There's a fresh energy in the air, and we're eager to keep you informed about all the exciting developments.

Spring has brought new faces to McCoy! This month we welcomed two new residents to our community. We're excited to see them settle in and contribute to the unique fabric of McCoy. We're making strides in enhancing the property. As part of our ongoing efforts to improve the grounds, we have successfully cleared 36 trees from the property. With that phase complete, we are now focused on landscaping and other improvements. Two new art teachers, Jojo and Aftan, have joined our community! They bring with them a wealth of experience and passion for creativity. Whether a seasoned artist or a beginner, our residents have plenty of opportunities to explore new artistic endeavors. Additionally, we're thrilled to introduce our new yoga instructor, Sarah, who is eager to guide residents through relaxing and rejuvenating sessions. In the spirit of connection, we also have made the Women's Circle a monthly event. This space, led by Libby, is dedicated to creating meaningful conversations, fostering empowerment, and building community among women. As the weather warms up, our ropes course offerings will start up again, led by our new instructor, Jennings Barnes! This outdoor activity is designed to challenge and build teamwork, trust, and confidence.

We look forward to a season of new beginnings.

Best wishes,

Jordan Butler
Executive Director
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The Women of McCoy: Meet Jennings Barnes

Jennings Barnes joined our team as Manager of Operations in November of 2024. A former resident of McCoy, Jennings matches authentic empathy with the ability to relate and support our residents in a unique way. She grew up in Vicksburg, moved out of state, and recently moved back to Mississippi to set roots here. Jennings is a hard worker and a "jack of all trades," eager to get things done right and always persistent in her efforts. A lover of all creatures, Jennings shares her home with her dog, Smitten, and her cat, Kevin. She finds joy in bringing happiness to others, making her a beloved and valued member of the McCoy team.



Happenings



In January, we hosted a retreat led by Pahsa Hogan called ***Illuminating the Path Forward.***



In February, our team attended the Mississippi Addictions Conference here in Jackson, MS.



In March, residents had a fun night out bowling and going to dinner.



For more information:
601-946-0578
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Restoring hope to a renewed life is the heart of our mission at The McCoy House. We firmly believe in the transformative power of hope, witnessing its profound impact every day as it guides each of our women towards a life of purpose, fulfillment, and lasting sobriety.

THE REAL MCCOY
THRIFT STORE

Thanks to all of you continue to support our store!
All proceeds of The Real McCoy Thrift Store benefit
The McCoy House.
Donations accepted Thursday - Saturday 10 - 3
Store Hours Tuesday - Saturday 10 - 4



Save the Date
October 16, 2025

Country and Blues
ROCK
for Recovery